Minimum Viable Lundy

(MVL) Checklist

Local Youth Transformation Pilot

For any activity involving children or young people.
If any box cannot be answered, the activity is not yet fully Lundy-ready.



Space

Is participation possible and safe?

- [ ] Participation is voluntary, with no negative consequences for opting out
- [ ] The space is accessible (time, location, format, language, support needs)
- [ ] Young people understand why they are being involved
- [ ] There is a named adult responsible for safeguarding and emotional safety
- [ ] Young people know what will happen next

Minimum test:
Would a young person reasonably feel safe and have an understanding clear enough to take part?



Voice

Can young people genuinely express views?

- [ ] Young people can influence the agenda or questions, not just respond
- [ ] Multiple ways of expressing views are available (spoken, written, creative, collective)
- [ ] Support is provided to help young people form and articulate views
- [ ] Participation does not rely only on the most confident or articulate voices

Minimum test:
Are young people shaping what is discussed, not just answering adults?

Developed with Anna Freud

ISLINGTON
For a more equal future

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Audience

Is someone with power listening?

- [ ] A named decision-maker or decision body will receive the views
- [ ] The audience has real authority related to the topic
- [ ] The audience understands their duty to consider children's views
- [ ] There is a clear route for views to reach the audience unfiltered

Minimum test:
Can we name who will hear this and what power they hold?



Influence

Will views make a difference (and be seen to)?

- [ ] What can change as a result is clearly stated
- [ ] What cannot change is also clearly stated (and why)
- [ ] A decision timeline is shared with young people
- [ ] Young people will receive feedback explaining what changed or why not

Minimum test:
Would young people be able to see how their views mattered?

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System Check

Preventing tokenism

- [ ] The same young people are not being over-used
- [ ] Participation demands are reasonable (time, emotional labour)
- [ ] This activity builds on previous young person input (not starting from zero)
- [ ] There is a plan to review and improve participation quality

Minimum test:
Does this strengthen participation over time rather than drain it?

Sign Off

(1 minute, not a report)

Activity Name:	
Completed By:	
Date:	

- [ ] All minimum tests passed
- [ ] Any known risks to Lundy quality noted and mitigated